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thenewhammag

issue 273 // 26 April – 10 May 2013



**You're
hired**

Could you be our next
apprentice? (p18)

A photograph of a child sleeping peacefully in a bed, wearing a blue patterned nightgown. A digital clock on a bedside table displays a message about school attendance. The clock is white with a green LCD screen.

OVERSLEEPING
IS NOT AN EXCUSE
YOU COULD BE FINED £60

SCHOOL ATTENDANCE MATTERS

You can now be fined £60 by Newham Council for a range of reasons for your child's poor school attendance, including persistent lateness and taking holiday during term-time.

Find out more at: www.newham.gov.uk/attendance

As a parent/carer it is YOUR legal duty to ensure your child attends school on time every day.



It's time to dust off your runners and grab your chance to run in the iconic Olympic Stadium in The National Lottery Anniversary Run (p8).

If you're part of an organisation which helps our residents, find out more about the Aspers Community Grants Fund (p34).

Finally, we are giving our young people the best start in life by encouraging them into work with the council's Youth Employment Scheme (p18).

Cllr Riaz Mirza

Executive member for safeguarding, corporate parenting and adults services

To request a large print version of the Newham Mag call 020 3373 1517 or email newham.mag@newham.gov.uk

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IN BRIEF //

Support for stadium plan

Newham Council's Strategic Development Committee has supported the London Legacy Development Corporation's (LLDC) plans to transform the iconic Olympic Stadium.

Councillors were asked to comment on a planning application that proposes turning the stadium in Stratford into a 60,000-seat multi-purpose venue capable of hosting top-class athletics and football.

Councillors agreed a response to the LLDC that says: "The proposed legacy use of the stadium for a range of sporting events and concerts is fully supported. Design solutions that are proposed to enhance the versatility of the stadium are welcomed, particularly the proposed introduction of retractable seating."

Paan crackdown

A crackdown by Newham trading standards officers on the sale of chewing tobacco called paan, is taking place.

Users have been spitting the mixture onto pavements, leaving an unsightly stain. Health chiefs warn that paan raises the risk of mouth cancer and oesophageal (food pipe) cancer. Often the product does not have UK standard health warnings. Shopkeepers face prosecution if they sell it legally.

Regeneration award

Newham Council and Westfield Stratford City have been praised for their public-private partnership work at a prestigious award ceremony in Stockholm.

The two organisations were awarded the Regeneration Distinction prize at the International Council of Shopping Centres awards.

The international awards recognise excellence in shopping centre development and successful European city centre regeneration.

>> United in remembrance of police officer



Newham's deputy mayor Councillor Lester Hudson joined police in laying flowers to mark the fourth anniversary of the death of police officer Pc Gary Toms. Tributes were paid at the stone memorial in Ashin Road, E15, close to the spot where Pc Toms was fatally injured on 11 April 2009.

Pc Toms, 37, a member of New Scotland Yard's Q919 firearms unit, suffered serious head injuries while attempting to confront suspected robbers. The officer's life support machine was later switched off in hospital. Four people were later convicted of robbery and other offences.

Cllr Hudson said: "The tragic death of Pc Toms is a reminder of the risks taken by our brave police officers in the line of duty every day. The life of a promising officer was cut short and it is absolutely right that we should continue to remember him."

Great start for primary school children

More than 97 per cent of Newham pupils starting primary school in September have been offered a place at one of their top three preferred schools – the best performance in London.

Newham Council received 4,515 applications from residents by the closing date of 15 January. Of those, 89 per cent got their first choice school. Only 94 applicants could not be offered a place at any of their preferred schools. These children have been allocated places at schools closest to their home which still had a place. Of these, 87 have a journey to school of less than a mile. Almost a third of all applications were made online.

Councillor Quentin Pappell, executive member for children and young people, said: "This result is thanks to hard work by our schools, head teachers, parents, carers and government bodies."

"We have invested more than £50m to both expand and improve facilities at schools. Following a number of construction projects last year additional permanent places have been created."



News

Chance to win tickets to the Sainsbury's Anniversary Games

Mayor Sir Robin Wainwright, working with the London Legacy Development Corporation, has secured hundreds of free tickets for Newham residents to watch the Sainsbury's Anniversary Games at the former Olympic Stadium in Stratford.

Stars of the London 2012 Games, including triple gold medalist Usain Bolt, double Olympic champion Mo Farah and many British Paralympic medalists, will return to Newham to compete in the stadium from 26 to 28 July in the IAAF Diamond League.

The event is part of the celebrations to mark the reopening of the northern part of Queen Elizabeth Olympic Park. The first two days of the event will feature Olympic champions, with a final day of action showcasing the Paralympic champions of 2012.

There are 300 tickets up for grabs. At the time of going to press the event had almost sold out. To be in with a chance of winning a pair of tickets to the first major sporting event in the stadium since the 2012 Games visit www.newham.gov.uk/mayorsfreegiveaway



Keep bogus callers at the door

Newham Police is urging residents to check the identity of traders who call at their home.

Some people have been conned by rogues claiming to be from the council calling to check boiler emissions. All council staff carry identification cards. If in doubt, always ask to see this before allowing anyone entry to your home, or call 020 8430 3000 to check their identity.

Utility companies offer a pre-arranged password identification system. Any caller can provide this as additional proof of their identity.

If you are unsure of someone's identity telephone the organisation the caller claims to represent.

Det Insp John Roch of Newham burglary squad said: "If you are in doubt say no and call us. Tell the operator you have a caller trying to trick their way in. We do not get enough people calling us when this happens. If they are genuine, the caller will wait."

>>> Sowing the seeds of success

Green fingered gardeners have joined forces to create a Newham community garden network.

The network was launched at First Avenue Community Garden in Plaistow, where local residents gave tours to show what they have achieved and the benefits to the local community.

Residents from all over Newham turned up to meet fellow gardeners and learn more about horticulture, green manure and composting.

The network is for people to share ideas, skills and enthusiasm for food growing and community gardening. Anyone is welcome to join, whether you have an allotment, are a member of a community or school garden, grow your own vegetables or just enjoy the great outdoors.

Councillor Farhad Hussain, Plaistow community lead councillor, said: "It was great to see so many keen gardeners developing their skills, sharing ideas and most importantly having fun."

To sign up to the network go to www.edlivenewham.org.uk or call 0844 414 2725



It takes all sports



With Andy Rose, second left, and Chris Gough, third left, and James Murray.



Chris Madden, David Paul, Andy Rose and Mark C. Bar, and Mark Trudgill, Mayor's director of environment and safety.

The national interest in the Olympic Stadium from the public and the media has, understandably, been about West Ham United's move there in a few years time. But we must not forget that the legacy plan for the stadium is about many sports and our community.

It's important that every Newham resident gets the chance to share in the stadium's benefits – a view shared by past and present sporting icons, rugby legend Jeff Probyn and cricketer Ravi Bopara.

I met Jeff, capped 37 times for England, at East London Rugby Club in West Ham and asked him whether he was excited about the prospect of the Olympic Stadium hosting

matches during the Rugby World Cup in 2015. He said it would offer a unique opportunity to welcome people to Newham who have little or no experience of the game.

That is the true legacy for organisations like East London Rugby Club, who can open their doors to a host of new people drawn to the game by the fact that a World Cup is taking place in Newham. And it will be the same for all other major sports using the stadium in future.

Another sportsperson to take a keen interest in which sports are going to make use of the stadium was Essex and England cricketer Ravi Bopara.

Ravi, from East Ham, is eager to play

Twenty 20 cricket for Essex or England in the Olympic Stadium, which he sees as being his own backyard. He believes the atmosphere would be electric and people would come from all over the country.

Our investment in the Olympic Stadium means that we are going to achieve our dream of seeing many major sporting events taking place there. And with players like Ravi to be inspired by, we will use it to help young people achieve their dreams.

Ours is an innovative approach to legacy that we can all be proud of – no Olympic host city has achieved this before. I can't wait to see our community using the stadium to the full.

Turn to page 5 to find out how you can win exclusive tickets to the Sunbury's Anniversary Games.



Mayor's view

Giving peace a fighting chance

Newham is a place where lots of remarkable people are quietly making a difference to the lives of others.

None more so than the Fight for Peace academy in North Woolwich where I've seen first hand how they are changing the lives of our young people for the better.

Founded in Brazil, the academy uses boxing and martial arts combined with education and personal development to realise the potential of young people in our borough.

The group encourages young people to participate in education, training and employment, and promotes an ethos of striving to do one's best.

It's a great example of building resilience in our community and I was very impressed by what Fight for Peace is achieving.



Sustaining the legacy



News of our 2012 Games legacy successes has travelled far and the world wants to know how we did it.

I was delighted to meet Alesí Randell, mayor of the City of Turku in Finland, who wants to learn from the best about how to do big regeneration projects.

Mayor Randell and his team were at the amazing Siemens Crystal in the Royal Docks on a fact-finding visit to discover how we are making the most of the development potential we have in Newham.

We also discussed our work on sustainability. It's no longer a fringe issue and certainly another area where we've made big gains.

I explained that the Games were only the beginning for us; what's forgotten is that our regeneration programme is building a city the size of Cambridge here in the East End.

If we are to avoid the mistakes of the past, we are going to have to take new approaches to the challenges we face – and that's exactly what we are doing.

with Sir Robin Wales



Revised May Day Bank Holiday refuse and recycling collection days

Collection day	Revised Collection Day
Mon 6 May	Tue 7 May
Tue 7 May	Wed 8 May
Wed 8 May	Thu 9 May
Thu 9 May	Fri 10 May
Fri 10 May	Sat 11 May

Normal collections will resume from
Monday 13 May

Please note that most recycling collections are now fortnightly, so residents are advised to refer to the leaflets recently delivered to their homes for their collection calendar.

 **recycle**

visit www.newham.gov.uk/recycling
call 020 830 21 00



Stratford Spring Festival Tea Dance

Put on your dancing shoes and join our tea dance programme to get active and have fun!

Date: Sunday 19 May 2013

Time: 1.30 – 4.30pm

Venue: Old Town Hall, Stratford, E15

Cost: £3 per person, which includes a free raffle and light refreshments

For more information please call 020 3372 2879
or visit www.newham.gov.uk/party



thenewhammag

To advertise here call Julie Madell
on 07890 529 090 or email
julie.madell@newham.gov.uk

Create your sporting legacy

Sign up for one of hundreds of exclusive free places in The National Lottery Anniversary Run and follow in the footsteps of world-class athletes. Whether you want to take part as an individual or as family, don't miss this opportunity to participate in the first event at Queen Elizabeth Olympic Park (QEOP) since the 2012 Games.

Following the success of last year's National Lottery Olympic Park Run, where 9,000 members of the public became the first people to run on the track in the Olympic Stadium, this year's event will be even bigger and better.

Jointly organised by Newham Council, Nova International and The National Lottery, the event will give 10,000 people the opportunity to cross the same finish line as sporting heroes including Usain Bolt, Jessica Ennis, David Weir and Mo Farah.

The run, which also incorporates a one-mile family fun run, is scheduled to take place on Sunday 21 July.

The adult run will take participants on a five-mile course around QEOP's past iconic venues including the Velodrome and the ArcelorMittal Orbit. Both events

culminate with participants running on the track in the former Olympic Stadium.

There are 750 free places for Newham residents who want to tread on the same track as their sporting heroes, as well as 350 places on the fantastic family fun run. Both events culminate in the stadium.

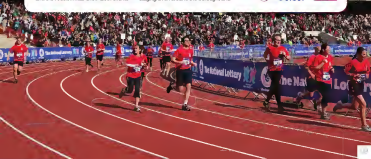
Every participant in The National Lottery Anniversary Run can invite two supporters to witness them cross the stadium finish line. Families taking part in the fun run can take a supporter in with them too. (One supporter aged over 16 per adult competitor). Around 20,000 spectators are expected to be expected in the Stadium on the day.

This is the fifth consecutive year that Newham Council has been involved in staging a run around the borough, and

the second year that it has secured use of the former Olympic Stadium.

Get moving

For more information on The National Lottery Anniversary Run visit www.nationallotteryrun.com. To register for one of the 750 free Newham resident places email run@newham.gov.uk with your name, address and age. If you are registering for one of the 350 one-mile family fun run places please provide names and ages for each person.



Nailing it with the Hammers

When it comes to community sports, Premier League giants West Ham United Football Club are in a bubble of their own. The club, founded more than 110 years ago by a Canning Town shipping company as a way of motivating its staff, is continuing its tradition of inspiring local people via the West Ham United Community Sports Trust.

The West Ham United Community Sports Trust delivers the Kickz project. Earlier this month, more than 80 young people from Kickz headed to the club's home ground in Upton Park to celebrate the club's work in the community with an extra special training session.

Watched by chairman David Gold, manager Sam Allardyce, first team players, including James Collins, Just Järvelin, Mark Noble and Carlton Cole, youngsters of all ages tried sports including boxing, cricket, football and more.

Students from Elmington Primary School in East Ham, took part in a number of activities at the club's Learning Zone at the Boleyn Ground where they learned new skills and had the chance to talk through their work with Hammers winger Ricardo Vaz Te.

Rashid Abba, practice manager, West Ham United Community Sports Trust

"West Ham United Community Sports Trust isn't only about football, it delivers a range of sports and opportunities for young people. Sport is at the core but we also cover areas like drama and music."

"All the young coaches here are trainees. We get young people into employment through our apprenticeships and training programme. We train them to be sports coaches via our vocational sports programmes. They used to be participants and now they are delivering training."

"We hold large events like this three or four times a year. This project is showcasing legacy in action. The area has historically had a proud tradition of sporting achievement. The club's move to the Olympic Stadium will turn east London into a powerhouse of sports for the UK."



James Collins, West Ham United FC defender

"I started my football career by winning a football tournament in the village and then moved down to joining local club Elmington. I met one of them [the coaches] and he said 'Come and join us'."

"I joined West Ham United because of work in the community but I didn't realise the programme was this big. I've been watching the kids play and they've been having a great time. It's given them something to do in half terms."

"Everything is going to get bigger when we move to the Olympic Stadium. The programme is growing and involved in people from the community. It's a great thing to be involved in."



**Sam Allenbyze,
West Ham United FC manager**

"I've been to sessions like this before, it's very difficult to give up my time of knowing everybody was down with today made it a priority for me. It's thrilling for the kids to come to the pitch ground. Whether they are learning about children or other sports, it's great. It was where professional football is played every year. Ham in the community does a great job helping them to enjoy their youth, getting them into something they like and caring for it."



West Ham FC is proud to support what we know to be the best.

West Ham FC is proud to support what we know to be the best.

**Kai Parkinson,
trainee volunteer coach**

"I used to play for Chelsea's youth team but was released when I was 16. My morale was affected and I found myself hanging around on the streets getting involved in things I shouldn't have. That's when I joined the West Ham United Community Sports Trust."

"In football, it's not just ability that counts, confidence plays a big part. Most people perform better in training than they do in a trial. You have to reassure players that they are good enough."

"Football is what I love but I now realise I need a back up plan in case things don't work out so I'm getting my coaching qualification. I got good GCSEs but I don't want to be in an office, I want to be a footballer. If I can't then I want to help others to realise their dreams."



To find out more about West Ham United Community Sports Trust visit www.whufc.com/community
Turn to page 35 for details of free Kickz sessions.

TURN A PAGE AT THE LIBRARY

In tough times services such as libraries are often the first to face the chop. While other boroughs are cutting back, in Newham we're bucking the trend and investing in buildings which are at the heart of our community.

None of our ten libraries have closed and we've been refurbishing, renovating and updating many sites, Manor Park Library being the latest.

Designed with residents in mind, the brand new library on Romford Road, is now convenient to reach and more accessible. Its move to a prime high street location means it is just a stone's throw from Manor Park rail station and well connected by a number of major bus routes.

Have it your way

The new library challenges the traditional stereotypes of libraries as dusty, drab places where silence is golden. The open plan layout is easy to navigate. There are quiet areas where you can catch up with the day's

news or study, as well as spaces where it's okay to speak above a whisper.

Help yourself

Our state-of-the-art self-service kiosks make using council services quick and easy. Simple to follow, step-by-step instructions allow you to make council payments or access a range of services, from booking a bulky waste collection to reporting anti-social behaviour.



Come in, log on and chill out

All our libraries offer free internet access allowing you to surf the net, send emails, socially network or use Microsoft Office programmes. Manor Park Library has 14 new computers available. Most can be booked up to two weeks in advance, but

you can also drop in and use some on the day.

As modern as our libraries are, learning remains at the forefront of each of our sites. Each library has an extensive collection of fiction and non-fiction books for children and adults, audio books, DVDs, music, newspapers and magazines.



More than books

Regular activities at Manor Park Library include:

- > free computer training and masterclasses
- > captivating storytelling events
- > a weekly homework club every Wednesday during school term time.





Yanf, Forest Gate: "The thing that I like most about the library is the free internet access. I'd never used self-service before but a member of staff showed me how and it was a piece of cake after that."



Tomasa, Manor Park: "I worked as an engineer with IBM and this library offers beautiful software and hardware. I come here at least five times every week, everything works beautifully."



Elinda, Word: "I live in Word, but I always come to Manor Park Library because it is quiet here and the staff are especially friendly. There's lots available and the new facilities are nice."



Farooq, East Ham: "I come here very often to read, use the computers and get information. I like the library very much. It's very nice and clean. The computers and books are good."

Only at your library

Sugar Girls exhibition

See how local workers from the Tate & Lyle and Trebor factories used to live and work at an exclusive exhibition at Beckton Library.

Do it Online

Free computer sessions at Beckton, Plaistow, Stratford, Manor Park, Canning Town and East Ham libraries. Contact your local library for details.

Adult reading groups

Share your favourite books, discover new writers at: East Ham Library, third Monday of each month, 6.30pm-7.30pm; Stratford Library, second Monday of each month, 6.30pm-7.30pm; Plaistow Library, first Thursday of each month, 6.45pm-7.45pm.

Cheers Club

Every Thursday 5.30-7.30pm at Stratford Library; free.

Under Five's activities

Storytelling, toy library and imaginative play take place in libraries round the borough. For more details see page 35.

Head to your local

All library activities are free. For more details turn to page 34 or visit www.newham.gov.uk/libraries

SCI-FI-LONDON is back

When film festival SCI-FI-LONDON moved to Stratford in 2012, festival director Louis Savvy promised "I'll be back". True to his word, Sci-Fi-London is back, bigger and better than ever. It runs from 30 April to 6 May at Stratford Picture House, Sahway Road, E15, with 33 features, 38 shorts, three all-nighters, out-of-this-world free events and a great ticket giveaway.

See top new films

This year there are 13 premieres at Stratford Picture House and a special preview. Here are a few of the highlights.

Dysantium

Tuesday 30 April



The festival opens with the latest feature from Neil Jordan, who made his Hollywood breakthrough with interview with the Vampire starring Brad Pitt and Tom Cruise. In *Dysantium* he delivers another unique take on the vampire tale.

Tai Chi Zero

Saturday 4 May, premiere



Very loosely based on the life of the founder of Yang style Tai Chi, this genre mash-up is a cross between Chinese martial arts, steampunk and Tarrantino.

War of the Worlds: Goliath 3D

Saturday 4 May, premiere



An awesome mega re-telling of the H G Wells classic in 3D.

Seda Tempest

Monday 6 May – festival preview



Based on Shakespeare's *The Tempest* and set in a dystopian future, the film combines Noh theatre and Jap rock.

Dark by Night

Monday 6 May, premiere



The festival closes with a world premiere of a sci-fi thriller that deals with betrayal, greed and revenge against a backdrop of time travel and nuclear holocaust.

Shorts

Friday 3 to Monday 6 May



Thirty-eight of the best and brightest new short film makers from the Biblical tale of Lazarus to imagined sci-fi zombie horror through to the surreal world of meta-baking.

All Nighters

Saturday 4 May

It wouldn't be a film festival without an all-nighter, and this year there are three:

- *Defiance* – marking against the rest of the universe
- *Laughter* – what happens when films are beyond brief?
- *Animu* – a night of mega-mashup

Doctor Who 50th anniversary

Sunday 5 May 12.30pm



Doctor Who is the sci-fi series we all grew up with. Every generation can identify itself

through the Doctor's memories. At this celebration you can meet some of the writers and graphic artists behind the Doctor in print and watch Dr Who and the Daleks (1965).



Fantastic freebies

Kids' Club movie

Monday 6 May, 11am, Stratford Picture House
What happens when a submarine is shrunk and injected into a nerdy hypochondriac?
Find out in *Innerspace*

Super dogs

Sunday 5 May, 12noon, Stratford Picture House
Draw your dog as a famous film or TV character to win a goody bag and free portrait by Dogstar photo agency.

Sci-fi quiz

Monday 6 May, 2pm, Stratford Picture House
Get a team together and see how much or how little you know about sci-fi.

Write a sci-fi film

Sunday 5 May, 2pm, Stratford Circus, Theatre Square
Sci-fi editor Robert Grant explains how to write for film.

Props and costume on a budget

Sunday 5 May, 3.30pm Stratford Circus, Theatre Square
How to make film props and costumes on a budget

WIN tickets to SCI-FI-LONDON

If you are aged over 18 you could win one of the following prizes:

- one pair of tickets to *Elysium* and the opening night party, 7.30pm, Tuesday 30 April
- two pairs of tickets to *Blade Runner 2* and meet the cast, 6.30pm, Wednesday 1 May
- two pairs of tickets to *The Human Race*, 11.30pm, Friday 3 May
- two pairs of tickets to *Lifelike*, 11.30pm, Friday 3 May
- two pairs of tickets to any of the *All Nighters*, 11.30pm, Saturday 4 May

To be in with a chance of winning, answer the question: **who has not starred as**

Doctor Who on TV?

- a. Tom Baker
- b. Christopher Eccleston
- c. David Craig

Email your answer, name, age, address, phone number and which tickets you would like to win to

Newham.Img@newham.gov.uk

Competition closes 12noon, Tuesday 30 April

For a full festival programme visit
www.sci-fi-london.com





Newham London

Rathbone Market, Barking Road, Canning Town, E16 Tuesday, Thursday, Friday and Saturday, 9am-4pm

The historic Rathbone Market has been leading for generations and continues to do so during exciting redevelopment works.

The Saturday Raffle is back!

The popular Saturday market will resume from Saturday 4 May 2013, opening at 9am when you can visit all your regular traders.

Come along to Rathbone Market to find out what it has to offer from clothes, household goods, poultry and eggs, pet supplies, new and second hand heritage goods, refreshments and now featuring arts and crafts!

Unleashed FREE parking is available in the white bays in Mauel Street Car Park for shoppers. In addition 2 hours FREE parking is available in the red bays (just collect a ticket from the machine).

For more information about the market or if you are interested in trading at the market please email saturdayraffia@newham.gov.uk or Galina.Donnell@Newham.gov.uk. Alternatively call 07780 048 585.



EVERY CHILD A
MUSICIAN

Do you live in Newham and want to teach a musical instrument?

The Mayor of Newham offers a ground-breaking programme called Every Child a Musician, which provides free music tuition in schools to children aged nine to 12 years old. As part of the programme, Newham Council is helping talented local musicians to become music tutors through our Local Tutor Training Programme.

- > **Can you play an orchestral instrument, the guitar or keyboard to a high standard (equivalent to ABRSM grade 6 or above)?**
- > **Do you want to develop your teaching skills and experience so that you can become a music tutor?**

If the answer is yes, then continue reading to find out more about the **FREE** part-time Local Tutor Training Programme which could provide you with a pathway to rewarding employment opportunities such as shadowing tutors in Newham primary schools or participating in a workshop with the world famous Royal Philharmonic Orchestra.

For more information about courses starting in May call 020 3373 1331, or email ecm.tutor@newham.gov.uk.



Don't **dump** on your doorstep



Clean streets and tidy front gardens make our borough better. Our staff work hard to keep our roads and pavements litter free, but no matter how spick and span our streets are, messy front gardens ruin our neighbourhood.

We're telling those who use their front gardens as a dumping ground to clean up their act, or face the consequences.

As well as being an eyesore, storing rubbish or unwanted household items in your front garden could attract vermin, insects and other pests, or pose a fire or health hazard.

Use the front of your home as a tip and you could be handed a Fixed Penalty Notice (FPN) of £110. Fail to pay and you could be prosecuted and

fined up to £2,500.

If you have a messy neighbour with waste in their front garden give us their details. Our enforcement officers are currently visiting properties. Residents with rubbish in their front garden will be served a notice ordering them to clear the mess within 28 days, or receive a fine.

To report waste in front gardens visit www.newham.gov.uk/frontgardens and complete the online form.



Free bulky waste collection

The council offers a free, door-to-door bulky waste collection service and you can request for up to six items to be collected per booking.

Visit www.newham.gov.uk/bulkywaste for more information and to view a list of almost 80 goods that we pick up. Book your collection online at my.newham.gov.uk

Say YES to a job with Newham Council

If you're aged between 16 and 18, live in the borough and want to earn while you learn, apply to Newham Council's Youth Employment Scheme (YES).

YES has been running for more than 20 years. In the time more than 300 young people have received the support and skills they need to launch their careers.

Reasons to say YES.

- > YES gives Newham's young people two years paid work experience in areas across the council.
- > Apprentices receive a training allowance of £180 per week.
- > All apprentices are supported to gain an NVQ qualification, equivalent to GCSEs or A levels.
- > YES gives the chance to get the right training, experience and qualifications to secure a job.
- > 86 per cent of young people who complete the YES programme have gone on to secure jobs.

Step one: apply Ashanti Spence, 16

My sister told me about the YES scheme. I'd just finished school and I applied because it's local and I'll be studying for an NVQ in business administration, so I'll get a qualification at the end of my contract. This is my first job.

The application wasn't too hard and everything was online. Once I was shortlisted, I was referred to Workplaces, the council's employment service. All the applicants went to Workplaces in Stratford for training and interview preparation. The advisors were really friendly and helpful. One of them kept me back on the day of our training to give me further advice and encourage me to be more confident.



My placement is in the chief executive's office. I've only been working for three days but have already learned so much. I've enjoyed meeting new people and it's a great environment to work in.

Step two: learn Jelani Ahmed, 19

I wanted to work for the council and the YES scheme seemed like a good opportunity.

I started my placement in the Every Child a Muslim (ECaM) team assisting with admin. I was new, but as ECaM had only recently been launched so was everyone else. We all learned together and we all wanted to make it a success.

As well as my day-to-day admin duties, I assisted at events and helped during the recruitment of music tutors. I also had the chance to work alongside the Royal Philharmonic Orchestra.

I've recently secured a permanent job with the ECaM team as project support officer. I've completed my NVQ Level 2 in business administration and am about to start my level 3.

I've developed lots of transferable skills in customer services, administration and finance. I live in Newham and I feel proud knowing I am doing something for residents.

Step three: progress Charlotte Hill, 30

I was attracted to YES as I wanted to work, learn and earn. I've been working for the council for 13 years, I've grown up here.



After completing my apprenticeship, my first permanent job was as a clerical assistant. I then successfully applied for jobs as HR assistant, officer and consultant.

I don't work face-to-face with the general public but support the council to have an effective workforce that delivers quality services to our residents.

After I completed my NVQ Level 2 in business administration, I was sponsored to get my certificate in personnel practice. I went on to do a Post Graduate Diploma in Human Resource Management, which has given me chartered status with the Institute of Personnel and Development, a professionally recognised body for HR practitioners. The council paid for my course and I was supported by my manager who gave me time off to study.

YES is suited to those who want to make the transition from school or college and get a head-start in their working life. Looking back, I wouldn't change a thing.



Apply today

Applications for this year's YES open on 26 April. You have until 26 May to apply. Successful candidates will be invited to up to two assessments. Placements start on 30 September.

For more information, or to apply, visit www.newham.gov.uk/yes

If you're looking for work sign up with Workplaces, Newham Council's employment service. Visit www.workplaces.co.uk for more information or call 020 3373 1101.





Newham in pictures



1 Aiming high: Pupils from Backston's Galsions School shoot the first hoops at the refurbished multi-use games area in Werwell
 2 Hammer time: West Ham United captain Kevin Nolan signs autographs for young fans during an open training session at Upton Park's Boleyn Ground
 3 Howzat! Forest Gate's Elmhurst School celebrate after winning the London-wide British Land Capital Kids Cricket competition at Lords
 4 Give peace a chance: youngsters from the Fight for Peace academy in the Royal Dock
 5 A crash course in karate at the Manor Park Spring Festival



Armed with a

When 14 year old Steve Burion started a part time job at the Army & Navy store in Manor Park no one could have predicted that one day he would become the owner. At the helm of a business which has had a presence in the borough for more than 60 years, he shares the story of his success and how he is moving with the times.

Army & Navy used to sell army surplus. Today it has branched out. In to an

Aesdri's cave of camping essentials and industrial clothing.

Steve was still at school when his cousin, who was working at arguably the most iconic store on Romford Road, told him about a vacancy at the store's showroom on High Street North. Steve said: "We used to sell camping goods from there. I lived in East Ham and worked Friday nights and Saturdays."

As the years went on his former employer became his business partner and

In 1993 he was made a company director. Steve said: "Apart from the shop here, we have a store in Barking and had shops in Bournemouth, Poole and Harlow. When my business partner retired about seven years ago I bought his shares. I'm now the sole owner of the company."

How has the business changed?

Army surplus is very difficult to come by now. In the 50s and 60s there was a lot



more about: Working guys used to buy that type of clothing. Nowadays, you read in the paper that our Army haven't got enough equipment for themselves, so any Army surplus we have comes from elsewhere. At the moment we've got French Army jackets and sometimes in the winter we get Swedish Army coats, but we don't get any British Army items.

We branched out into camping goods, and now with the rise of health and safety

we've begun focusing more on items like high visibility clothing and steel toe cap boots. We also print or embroider company logos on our clothes, a service used by a lot of small businesses.

What do you offer that your larger competitors don't?

We try to offer internet prices with personal service. There's a lot of competition from the large stores you

> WORKING LIVES

find in retail parks, which has hit the camping trade very hard.

Personal service is something we pride ourselves on. Staff are local and have worked here a long time. 27, 54, nine and six years. They like working in retail but don't want to work in a big centre. Here they can take the time to talk to people. Customers like that and they come back.

What's been your biggest challenge?

The recession. We try to maximise opportunities and not let them pass us by, but it has been difficult.

The internet is a big challenge. A lot more people are buying online. We promise to beat any advertised price, and are working on a mail order service and a website, but I prefer people to come in and buy. They get good advice and a good service.

What are your cheapest and most expensive items?

Our tent pegs start from 12p and our marquee can cost over £1,000. People come in, maybe for the first time, and didn't realise that we have such a range. Our most popular items are probably our steel toe cap boots.

Have you had any famous customers?

When they were training, boxers Nigel Stann and Frank Bruno used to come in and buy winter gear. Actor Billy Murray from *The Bill* comes in from time to time. Sanjeev Bhaskar and Meera Syal from *The Kumars* have been in. He came in and brought some Army trousers and boots, before he went away to film a satellite programme.

Money off at Army & Navy

Show this copy of the *Newham Mag* at Army & Navy, 703 Romford Road, E12, and get ten per cent off any purchase made before 10 May. Army & Navy is open everyday except Sundays, 9am-6pm and until 5.30pm on Thursdays. For more information visit www.armyandnavy.co.uk or call 020 8476 7105.

For more information and advice about setting up your own small business visit www.newham.gov.uk/newhambusinessdesk



It's all for a good cause

A fund that supports Newham residents will be giving away thousands of pounds to charities and community organisations over the next year.

The Aspers Good Causes Fund has been set up by Aspers Casino and Newham Council to support community projects which help residents to build their confidence and skills.

The fund is open to any organisation working in the fields of education, art, dance, music, sport and the environment.

Organisations should be based in Newham and benefit residents.

Successful applicants could receive up to £20,000 as long as they can demonstrate value for money, that their projects are inclusive and open to all and that they help residents become more resilient.

Preference will be given to projects that:

- > support people by coaching, training or tutoring
- > provide an opportunity for people to

gain work experience or volunteer

- > enable people to develop new skills or improve existing skills
 - > allow people to participate in projects where financial barriers might otherwise prevent their involvement
 - > help groups to support residents organise their own activities from sports to music and the arts
- These events should be open to all and encourage residents to get involved in their local community
- > can become resident-led and sustainable in the long term.

The Aspers Good Causes Fund was one of the benefits agreed as part of the licence for the casino, where Aspers promised to deliver economic and social

benefits to the residents of Newham.

The casino has already employed nearly 350 residents, some of who were long-term unemployed. More jobs with Aspers are set to follow and will be available through Workplace, the council's employment service.

The Aspers fund will be open for the submission of applications from Monday 29 April and will close on 3pm Friday 31 May.

For more information or to apply for funding visit www.newham.gov.uk/goodcausesfund, email goodcausesfund@newham.gov.uk or call the community grants team on 020 3373 8019.

Local hero bowls them over

Cricketer Ravi Bopara, 27, who went to Brampton Manor School in East Ham is celebrating his selection for the England team one-day matches in the Champions Trophy in June.



Nowadays professional cricket is not just a summer sport. Essex star Ravi told the *Newham Mag*: "I've been busy training over the winter. I went to Bangladesh for six weeks to play a competition and then I went to South Africa to play a competition there. I've spent the winter battling away, trying to get better. I've not been sitting at home taking it easy."

"I'm passionate about this area; it's where I grew up. Wherever I go, my heart is here."

More hard work ahead, he said. "I've got high hopes for the England side. It's going to be a tough, grueling summer. But we've got a good side with a good chance."

Ravi is also keen to play in the Olympic Stadium, which he sees as being his own backyard. "If they want to get the crowds, they should get an International side or a Twenty 20 game. It would be brilliant to see an International match there. There

would be an amazing atmosphere and people would come from all over the country."

With an international career ahead and Essex demanding his commitment, you would think Newham is a long way from his thoughts. Not a bit of it, he says. "I'm from East Ham and most of my family are still here. I'm passionate about this area; it's where I grew up. Wherever I go, my heart is here. I want to help people believe in East Ham."

Ravi's advice to young people is simple. "First, if you're going to do something, do it properly. This is not the sort of game where you can go in half-hearted and think it's going to be okay. Most importantly, you've got to love the game. That's the one advantage that came to me – I really loved cricket since I was a kid."



Young people who want to follow in Ravi's footsteps can contact Newham Cricket Club. Email your name, age, experience and contact details to newhamcricketinfo@gmail.com

London Borough of Newham

Members' allowances – scheme of allowances for the remuneration of councillors in the London Borough of Newham

This Notice is published in accordance with Regulation 18(7) of the Local Authorities (Members' Allowances) (England) Regulations 2003.

Councils are required by Regulation 10 of the Local Authorities (Members' Allowances) (England) Regulations 2003 to confirm their Member Allowance Scheme before the beginning of each financial year (i.e. 1 April). The Council on 25 February 2013 agreed to make their scheme for the year beginning 1 April 2013 in identical terms to that agreed on 27 February 2012.

Details of the London Borough of Newham's Scheme for Members' allowances can be found on the Council's website www.newham.gov.uk/allowances or may be inspected at Newham Town Hall, Barking Road East Ham, E6 2RP during normal opening hours.

Kim Bromley-Derry
Chief Executive
22 March 2013

SCHEDULE

Rate applicable from the 1 April 2013 to the 31 March 2014

Basic Allowance per Councillor (not including the Mayor) £10,829 per annum (inclusive of IT fees and Data Controllers Registration fees which are deducted at source).

Mayor's Allowance: £81,029 per annum

Deputy Mayor's Allowance: In the event that the Mayor appoints a Deputy with full responsibilities for a year, they shall be paid a special responsibility allowance of £44,241 per annum. In the event that the Mayor appoints a Deputy for a shorter period and with partial duties they shall receive an enhancement to their Cabinet Member Special Responsibility Allowance equivalent to £4,000 per annum (pro rata).

Special Responsibility Allowances (in addition to the basic allowance) for posts appointed by the Mayor with different levels of responsibility attached to them:

Band	SRA £
1A	3,621
1B	5,176
2A	7,762
2B	10,347
3A	14,468
3B	16,624
4A	22,765
4B	26,901
4C	31,042

The level of Special Responsibility Allowances for appointments made by the Council (political office holders and Chairs of Committees, etc) is set as follows:

Band	Office Held	SRA £
1A	Majority Group Chief Whip	3,621
1A	Majority Group Secretary	3,621
2B	Chair of Council	10,347
4A	Chair of Overview and Scrutiny Committee	22,765
3A	Chair of Local Development Committee	14,468
3A	Chair of Strategic Development Committee	14,468
3A	Chair of a Scrutiny Commission	14,468
1B	Chair of Licensing (2003 Act) Committee	5,176
1B	Chair of Licensing Sub-Committee (2003 Act)	5,176
1B	Chair of Licensing Committee (other functions)	5,176
1B	Chair of Investment and Accounts Committee	5,176

Special Responsibility Allowances (in addition to any other allowance) for Members appointed to represent the Council on the following Bodies (this allowance to cease if that Body establishes a scheme of its own):

External Body	SRA £
East London Waste Authority	1,035

Annual Allowances for non-elected co-opted members serving on the following:

Committee/Sub-committee/Commission	Annual Allowance £
Overview and Scrutiny Committee	497
Scrutiny Commissions	497

Annual Allowances for non-elected independent members of the Standards Advisory Committee:

	Annual Allowance £
Chair	1,200
Ordinary Committee Member	800

Children/dependants' allowance – £7.27 per hour up to 10pm and £9.70 per hour after 10pm irrespective of the number of people cared for

Travelling allowances – The reimbursement of actual travel costs incurred whilst undertaking duties outside Newham

Subsistence allowances – The reimbursement of actual subsistence costs incurred whilst undertaking duties outside Newham. This allowance is limited to a maximum daily rate of £28.99 for meals and a maximum overnight rate of £116.15 per day for accommodation

NEWHAM SERVICES FORUM

TO ADVERTISE IN THE NEWHAM SERVICES FORUM PLEASE CONTACT JULIE MADILL ON 07890 529 090

Community Counselling

At times when life feels painful, stuck or confusing

- talking to a trained listener can help

We offer a confidential low cost counselling service in East Ham and Stratford with sessions available from £5.00 depending upon income.

For appointments: T: 0208 524 9711 or M: 07547 50700
www.communitycounselling.org.uk

Do you want to apply for Indefinite Stay or British Passport? We can help you to pass the test.

- ESOL Citizenship Course
- Life in the UK Test Training
- Speaking & Listening Only
- Certificate & Citizenship letter accepted by the Home Office
- No Books, No Compounds
- Part Time & Week end Classes
- We bring you and your partner to the test
- Relaxed & Comfortable classes

Call us now! Tel: 0208 279 0715
288 High Road, Leytonstone, London E15 4AA



Newham London

Newham Council will MOT your vehicle £40 for Newham residents

Contact us on 020 8472 6343
or email mot@newham.gov.uk

Appointments only

Class 4 vehicles only (cars)

Central Depot, Jenkins Lane, Barking, E6 6R K11 6AD

TEDxNewham

x = independently organized TED event

Where Resilience Lives

The reality of modern life is that resilience is needed more than ever. TEDxNewham is an honest exploration of what it means to be resilient in today's world - **how to bounce back and turn ideas in to action.**

TEDxNewham is a conference where ten unique presenters and performers will tell their stories of resilience.

Hosted at - spectacular new London venue, **the Crystal**, one of the most sustainable buildings in the world.

TICKETS: £10/£5 students tedxnewham.eventbrite.co.uk
(includes lunch and refreshments)

MORE INFO: tedxnewham.com



@tedxnewham



facebook.com/tedxnewham

SATURDAY MAY 11 2013
THE CRYSTAL, E16 1GB
10 AM - 5 PM



the newham mag

To advertise here call Julie Madell
on 07890 529 090 or email
julie.madell@newham.gov.uk

Tipping point

What would you do if you came home and found that someone had dumped a lot of rubbish outside your home?

Most of us would be understandably upset, but would call the council to get it removed.

But what if it happened again, and again and again? At some point we would say "enough is enough". We would want to find out who was doing it and stop them.

In 2012/13 Newham Council spent £10.8m cleaning almost 30,000 fly tips. This money could be used to provide other services.

We take the issue seriously and investigate fly tips as environmental crimes. We search for evidence of who dumped it and map fly tipping across the borough, identifying hotspots where we can patrol or position CCTV mobile units.

To report fly tipping visit my.newham.gov.uk

We need your help

We want to speak to the people pictured about a range of environmental crimes. Can you help identify them? Call 020 3373 4479 with information.

Ensuring your anonymity

Newham Council is committed to tackling crime and anti-social behaviour in partnership with the police and other agencies. If you provide information regarding identities:

- you will not be required to provide your name
- you will not be required to leave your contact details
- you will not have to make a statement.



A council enforcement officer searches for fly tipping evidence



Ref: MR3048



Ref: MR6992



Ref: MR7607



Ref: MR8148

**Please call
020 3373 4479
and quote the
reference number
by the picture.**

CAUGHT ON CAMERA

Win tickets to Zippo's Circus

The weekly and wonderful Zippo's Circus returns to Newham from 9 May with an exciting new show.

Their big top in Barking Road Recreation Ground, E8, will thrill you with entertainment from acrobats and jumbos, motorcycles and clowns.

Zippo's is giving away ten family tickets (two adults and two children) to a show of your choice between Thursday 9 and Tuesday 14 May.

To be in with the chance of winning, email your name, address and contact number to newham.mag@newham.gov.uk or send your details to Newham Mag, West Wing 4th Floor, Newham Docklands, 1000 Dockside Road, E16 3QU. Competition closes 12 noon on Friday 3 May. To buy tickets visit www.zippos.com.



Driver delaying with arrival of Zippo's Circus

Win tickets to TED^x Newham

Technology, Entertainment and Design (TED) is a set of global conferences to disseminate 'ideas worth spreading'.

TED was founded in 1984 and in 1990 became an annual event. It has featured speakers such as Steve Jobs, Al Gore and David Byrne.

In 2009 TED^x was launched to promote independent TED-like events internationally.

TED^x Newham is a conference where ten speakers will tell their stories of resilience. They include: Selena Goldberg, University of East London; Faith Johnson, fashion entrepreneur; Jo Negm, director of regeneration for Newham Council and a special video by musician and film star Plan B.

To be in with a chance of winning one of five pairs of tickets to TED^x Newham answer the following: which of these is speaking at TED^x Newham?

1. Faith Johnson
2. Al Gore
3. Steve Jobs.

To enter, email your answer, name, age, address and phone number to Newham.mag@newham.gov.uk or write to Newham Mag, 1000 Dockside Road, London, E16 3QU. The closing date is 12 noon on Friday 3 May.

TED^x Newham takes place on Saturday 11 May, 10am-6pm, The Crystal, E16.

Tickets are £10 (£5 students) available from tedxnewham.eventbrite.co.uk and include lunch and refreshments. For more information visit tedxnewham.com.

Be a good sport

East London Rugby Club is inviting eggheads to take part in a charity quiz to raise money for injured players.

Come as a team of up to eight people or on your own on Tuesday 16 May, 7pm, at East London Rugby Club, Memorial Avenue, E15. Tickets are £5 per person and include a chili supper.

All money raised will go to the Rugby Football Union's Injured Players Foundation. The charity supports players and their families in the early months of a serious injury as well as providing long term assistance.

To register is team email

Benie.Lynch@gmail.com or for more information visit **www.pitchero.com/clubs/eastlondonrhc**



East London Rugby Club in action

Anchor House showcases talent



Kevin Lee proudly shows off his trophy

Anchor House residents took to the stage for their annual entertainment awards evening – Anchor House has Got Talent!

Residents at the homeless charity in Canning Town, staff and community guests were entertained by performances from local rock band The Doggy Jammers, the Anchor House choir and Pindus a performance horse.

The evening was followed by an awards ceremony where resident Kevin Lee was awarded a trophy for most inspirational resident at Anchor House.

For more information on Anchor House visit **www.anchorhouseuk.org**

Film with a difference



Relax on board community boat the River Princess and enjoy an evening of film magic.

The River Princess will be showing *Swan Down* which tells the wild and wonderful tale of two men and their 160-mile pedal from Hastings to Hackney in a plastic swan. Filmmaker Andrew Kotting will present the movie, which features footage of the pair's journey on the River Lea, and answer questions after the screening.

All are welcome on Saturday 4 May, 5pm, at Cody Dock, 11a South Crescent, E15 (nearest station Star Line DLR). Tickets cost £3. Refreshments are available to buy on board.

For more information, or to submit a film for screening, email **dominiquerkotting@yahoo.co.uk**

Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime
contact telephone number on the back of your entry

GALLERY



Alex Khan, 6



Harriet and Maya, 5



Hadeeqa Islam, 6



Nafsa Marican, 10

Win free membership at Stratford Picturehouse

This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2GJ**. Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on



Mascot competition is a roaring success

In February we asked Newham primary school students to design a mascot called SAM to promote the importance of attending school. The competition proved so popular with children that more than 1,750 competition entries were received.

Victory goes to Ammarah, year 4 from Southam Road Primary School, E18, who wins on iPad. Ammarah's winning entry – the attendadinosaur – is shown below.

The following five runners up will all receive a £20 gift voucher

Oylan, year 1 - Upton Grove Primary, E15
Sadiyah, year 2 - William Davies Primary, E7
Fahim, year 3 - Ken Harrie Primary, E6
Chidan, year 3 - St Edwards Primary, E15
Gabriela, year 6 - Latham Junior, E6

Find out more information on what Newham Council is doing to improve school attendance at www.newham.gov.uk/attendance



Read more about this in an upcoming edition of the Newham Mag.

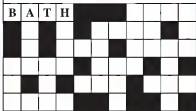
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STAY
TEND



WHAT'S ON?

**FIVE PAGES
OF ACTIVITIES
MOSTLY FREE,
ALL FUN!**

To view hundreds of events, or to add your own,
log on to www.newham.gov.uk/whatson

26 APR - 10 MAY

OUR THRILLING THREE...

1

Spring Festivals – Sat 4 May, 12noon-4pm,
Sandringham Primary School, Sandringham Rd, E7
Fri 10 May, 4-8pm at Britania Village Primary
School, Westwood Road, E15

2

Turn up and trade – Free pitches available for
traders. Every Sat at Rushbone Market, Barking
Road, E16, 9am-4pm. Email saturdayraife@gmail.com or Gaius.Donev@newham.gov.uk
or call 07750 945 955

3

Newham discount night – Guided by Niko
Beattie-Bar at Theatre Royal Stratford East, Garry
Hartley Square, E15. Tues 30 Apr, £2.50 tickets for
residents. Call 020 8534 0010

MENTION THE MAG...

Wick, push and pull to drop your way down to **Roll Sports Dock**
for a weekly workout with Deckhands Shoes, Kestrel.

Kestrel offers physical and mental training. It teaches self-
defence, improves concentration, self-control and promotes
teamwork.

**Sessions usually cost up to £5
but mention the Newham Mag
and enjoy your first session for free.**

Classes run here every Monday,
5.20-6.20pm at UEL Sports Dock,
Docklands Campus, E16, and are
suitable for anyone aged over five.
For more information call **07756 666 666**



TRY SOMETHING NEW... FUN ON THE GREEN

Come along to a jam-packed day of free fun and
entertainment at Three Mills Island.

Lee Valley will be hosting a range of exciting activities. From
free boat rides to farm animals, there will be something
for everyone. Learn how to make a butterfly feeder or a
dragonfly wand. If you fancy a bigger slice of the action get
stuck in with football, BMX bike riding and hockey.

**Round up the family and head down to Three Mills
Island, Three Mills Lane, E3, on Saturday 11 May
from 12noon-4pm.** Refreshments will be available.

For more information visit
www.visitnewvalley.co.uk or call
06456 770 600

Three
Mills
Green

Indicates free sessions

ARTS AND ENTERTAINMENT



Comedy Night

Entertainment every Mon, 8pm,
Theatre Royal Stratford East
Gerry Halliday Square, E15. Visit
www.stratfordeast.com/
comedy night

Mini Musical Makers

Free music and story building
sessions for 2-5 years
Wed afternoons: Discover Story
Centre, 383-387 High Street,
E15. Call 020 8536 5555
Mon mornings: The Hartley
Centre, 267 Barking Road, E8
Call 020 7540 6553
**Free entry to Discover
Children's Story Centre
when you attend.**
Free music therapy sessions
for 2-5 years.
Thurs, 3-4pm at Shrewsbury

Children's Centre, Shrewsbury
Road, E12. Call 020 3373 0050
Fri, 2.15-3.15pm or 3.45-
4.45pm, Susan Lawrence
Children's Centre, Lawrie
Avenue, E12. Booking is
essential. Call 020 3373 7227

COMMUNITY LEARNING



Do it Online

Basic computer sessions for
all. All sessions take place at
local libraries. You must book
in advance.
Tues, 10am-12noon, Beckton
Tues, 2-4pm, Plaistow
Wed, 2-4pm, Stratford
Thurs, 10am-12noon
Canning Town and Manor Park
Fri, 2-4pm, East Ham

Knit & Natter

Craft group for adults, at local
libraries.
Fri 10am-12noon, Canning Town
Wed 10am-12noon, Beckton

Basic Numeracy (19s) 
 Mon- Thurs, 10am-5pm and
 Fri, 10am-1pm, Jack Cornwell
 Community Centre, Jack
 Cornwell Street, E12 Call
 07943 887 812/
 07507 173 272

Writing for Fun 
 Sessions take place at local
 libraries. Free ten week
 creative writing course for
 16+ at your local library Mon,
 6-8pm, Stratford

Reading for Pleasure 
 Sessions take place at local
 libraries. Free ten week open
 to all Sun, 2-4pm, Stratford

UNDER FIVES LIBRARY ACTIVITIES

Open to under fives with their
 parents/carers. All sessions
 take place at local libraries

Toy Library 
 Tues and Thurs
 10am-12noon East Ham

Imaginative Play 
 Fri, 11am-12noon, East Ham

Storytelling 
 Mon- 11am-12noon Plawton,
 Canning Town and Beckton Globe
 Tues, 11am-12noon:
 Custom House
 Tues and Fri, 11am-12noon,
 Stratford
 Weds, 2-3pm, East Ham
 Thurs, 2-3pm, North Woolwich
 Fri 11am-12noon
 Green Street and Manor Park

YOUNG PEOPLE'S LIBRARY ACTIVITIES

All sessions take place at
 local libraries

Memorabilia Club 
 For young people aged 7 to 14
 School term only

Mon, 4-6pm, Stratford and
 East Ham
 Mon, 3.30-5.30pm,
 North Woolwich
 Weds, 3.30-5.30pm,
 Green Street and Manor Park
 Thurs, 4-6pm, Custom House
 and Plawton
 Fri 3.30-5.30pm, Beckton
 and Canning Town

ADULT LIBRARY ACTIVITIES

All sessions take place at
 local libraries

Adult Reading Groups 
 Thurs 2 May, 6.45-7.45pm,
 Plawton

Over-50s Club 
 Thurs, 10am-12noon,
 Beckton Globe

GENERAL LIBRARY ACTIVITIES

Chess Club 
 Learn and play chess for free
 at your local library
 Thurs, 5.30-7.30pm, Stratford

EXTRA ACTIVITIES

**Royal Docks Learning
 & Activity Centre**
Man Employment Support
 sessions by appointment only
Tues, Bingo, 10am-12noon
 Healthy Cooking Group,
 10am-12noon
 Over 50s Computer classes,
 11am-1pm
Weds Mother and Toddlers
 group, 10am-11am
 Coffee Morning, 9.30-11am
 Learn to Earn – Employment
 Support Drop in, 10am-2pm

Sewing Classes 10am-12noon
Thurs To Chi, E2,
 10.30am-12noon
 Sessions take place at Royal
 Docks Learning and Activity
 Centre, Albert Road, North
 Woolwich, E16
 Call 020 7476 1666

LGBT Community Group 
 For over 50s. Snacks and
 refreshments provided
 Every third Tues of each month
 4-6pm, Community Resource
 Centre, 200 Chargeable Lane
 E13 Call 020 7239 8025

Dirty Hands Project
 Grow your own fruit and veg
 Open to all First Sat of each
 month, 10am-2pm, Valatia
 Grove, opposite Plawton
 Season! E13 Visit
 www.dirtyhandsproject.org.uk or
 email dirtyhandsproject@gmail.com
 or call 07961 674 210

Table Top Sale
 Sell your goods and keep your
 profits! £5 a table – open to all
 Last Sat of every month, 10am-2pm
 Jack Cornwell Community
 Centre, Jack Cornwell Street,
 E12 Call 020 8553 3459
 1st Sat of every month
 10am-4pm, Community
 Resource Centre,
 200 Chargeable Lane, E13
 Call 020 3372 2211

BASKETBALL

Youngbloods Basketball
 All sessions 10pm-11pm
 Sat, 1-3pm
 U12s mixed
 East Ham Leisure Centre, E8
 Mon, 6-8pm,
 U13/14s, boys
 St Angela's School, E7
 Tues, 5.30-7.30pm,
 Newham Leisure Centre, E13
 Mon 4.30-6pm,
 U14s, girls
 St Angela's School, E7
 Tues, 5.30-7.30pm,
 Newham Leisure Centre, E13
 Tues 6-8pm,
 U15/16s, boys
 East Ham Leisure Centre, E8

Fri 6-8pm
 St Angela's School, E7
 Tues, 8-9.45pm
 U17/18s boys
 East Ham Leisure Centre, E8
 Thurs, 7-9pm,
 St Bonaventure's School, E7
 Fri, 6-8pm
 St Angela's School, E7
 Call 07568 307 657

**Newham All Star Sports
 Academy (NASSA)**
 All sessions take place at ULL,
 Docklands Campus, University
 Way, E16 Sessions are £1
 unless indicated otherwise
 Visit www.newhamssports.org.uk
 Weds, 4.20-6pm, U13-14
 6-8pm, U16-18
 6-10pm, Senior Men
 Thurs, 4.20-6pm U13-14
 6-8pm, U16-18
 6-10pm, Senior Women, E2
 Fri 4.20-6pm U13-14
 6-8pm, U16-18
 6-10pm, Senior Men, E2
 Sat, 10.20am-12.20pm, junior
 boys and girls, E 14, E2
 Call 07709 505 995
 or 07712 176 301

National League 
 Mon, 6-8pm, U13/14s,
 Rokady School
 Barking Road, E16
 Tues, 6-8pm, U15/16s
 Rokady School
 Barking Road, E16
 Thurs, 4.30-6pm,
 U13/14s, boys, U14s girls,
 Newham Leisure Centre,
 Prince Regent Lane, E13
 6-8pm, U16s,
 Newham Leisure Centre,
 Prince Regent Lane, E13
 6-8pm, U18s, Cumberland
 School, Oban Close, E13

Gifted and Talented 
 Fri, 4.15-5.30pm
 Cumberland School
 Oban Close, E13

Basketball Session 
 Sat, 10am-12noon
 Newham Leisure Centre,
 Prince Regent Lane, E13





Senior Men/Women Programme

Mon 7.30-9.30pm
Division 2 Women and Division 3/4 Men: Rokaby School, Canning Town. E16
Call 07947 401 616

Jv3 Basketball League

Thurs, 5-7pm, 8-10pm, Forest Gate Youth Centre, Woodford Road, E7
Fri 7-9pm, 8-10pm: Little Bford Youth Zone, Rectory Road. E12

Jv3 Basketball Competition

2nd Set of the month, 10am-7pm, U12s/U14s/U16s, Little Bford Youth Club, Rectory Road, E12

Basketball & Multi Sports

Fri 5-6.30pm 8-10pm Snowshill MUGA, Snowshill Road. E12

FOOTBALL

Mayor's Football League

U10s, U12s, Mon, 4.30-6pm and U16s, U18s, 6-7pm Newham Leisure Centre, Prince Regent Lane, E13

WYU Kickz

Mon U14s: 4-5.30pm 15+, 5.30-7pm
West Ham United Community Astro Turf (Beckton), E8
Fri 11-10pm 5-6pm
Forest Gate Youth Centre, E7
Tues, U14s: 4-5.30pm 15+, 5.30-7pm
West Ham United Community Astro Turf (Beckton), E8
Fri 11-10pm 5-6pm
Phony Park MUGA, E5
Wed, 11-10pm, 5-6pm
Phony Park MUGA, E5
Thurs, 11-10pm, 4-7pm
Phony Park MUGA, E5
Fri, U14s: 4-5.30pm
Ox1s 11+, 5.30-7pm
West Ham United Community

Astro Turf (Beckton), E8
11-10pm 5-6pm
Forest Gate Youth Centre, E7

London Youth Games

Mon, 4.30-6pm, U14, Newham Leisure Centre, Prince Regent Lane, E13

Football & Multi Sports

Mon, 5.30-7pm, 8-10pm, Wed, 5-7pm, 8-10pm, Stratford Park MUGA, West Ham Lane, E7S

5-a-side Football Competition

Wed, 5-6.30pm, 6-10pm, Forda Park, Forda Park Road, E16
Thurs, 5.30-7pm, 8-10pm: Royal Watson Gardens, Plar Road, E8
1st Set of the month, 10am-1pm U12s/U14s/U16s, Plar Road, E8
Plar Road, E8

Football & Multi-Sports

Set, 2-3.30pm, 6-10pm, Winsor Park Estate, Winsor School, MUGA, East Ham Manor Way, E8

AM Football (16+)

Tues 7-9pm and Fri 10am-12noon 15+ Memorial Park, Memorial Avenue, E15
Fri, 3-5pm, Beckton Powerleague, E8
Web: www.amfootball.co.uk

Accession Football Academy

All seasons E3
School years reception to 11
30-11.30am
King George V Park
King George Avenue, E16
Call 07996 534 925

BOXING AND SELF DEFENCE

Boxing

Wed, 7pm
West Ham ABC - community boxing, 11-10pm
Olympic style amateur boxing sessions: Halfway Community Centre
Halfway Crescent, E12
Call 020 8430 2000
Mon, Wed, Fri, 5-6pm
West Ham Boys ABC 9+, boys and girls

The Black Lion, 60-61 High Street, E13
Call 020 8472 3634
Mon, Wed, 6-8pm
Peacock ABC 8+, boys and girls
Cardon Street North, E16
Call 020 7571 3799
Mon, Wed, Fri, 6-7.45pm
Newham Boys ABC 6+ boys only
Old Bath House, 141 Church Street, E15
Call 020 8519 9933
Fight For Peace 11+, boys and girls
Woodman Street, North Woodchurch, E16
Call 020 7474 0254

Punch Out (16+)

Thurs, 8-9pm
Boxing fitness workout
Beckton Community Centre, East Ham Manor Way, E8
Fri, 5-6pm, Katharine Road Community Centre, 254 Katharine Road, E7
Email: getactive@newham.gov.uk

Shoulin Karate

Wed, joining term time only
4-5.30pm Fri, 6-7pm and 7-8pm, Sun, 10-11am
Sessions for beginners
Newham Shoulin Karate Club
Newham Leisure Centre, Prince Regent Lane, E13
Call 07508 070 628
Docklands Shoulin Karate Club
Mon 6-8.20pm UEL Sports Dock, Docklands Campus
E16
Call 07517 138 637

Taekwondo

Set, 1-2.30pm (juniors at least 15 minutes before start)
The Hub, 123 Star Lane, E16
Korean Martial Arts for 5+ to adults £5 per session - family discount available
Tue, 7.30-8.30pm: Grassroots Memorial Park, Memorial Avenue, E15
Call 07725 948 426 or email: aca_jocill@btinternet.com

Hop Skip and Punch (16+)

Mon, 5.30-6.30pm, Katharine Road Community Centre, 254 Katharine Road, E7
Call 020 8548 8825

Boxercise Footcamp Class (16+)

Mon 4-5pm and Weds 6-7pm
90 Day Fatburner Programme
Indoor classes
Tues and Fri, 6-6.45pm, Britania Village Hall, 65 Evelyn Road, E16

Outdoor classes

Mon and Thurs 7.15-8am, East Ham Central Park, High Street South, E8
Children 7+ welcome with parent. Email: info@stephphysique.co.uk or call 07924 625 402.

HEALTH AND FITNESS

GNX

Mon 10am-12noon 6-16s, £312 members/£10 annual membership
Goodley Playing Fields, 22 Albani Avenue, E8
Call 07961 333 615/
020 3373 9000 or email: paul.tatting@newham.gov.uk

Indoor Rounders (16+)

Mon, 6-7pm Sports Dock, 50p per session
University of East London, Docklands Campus, University Way, E16
Call 020 3373 9000 or email: paul.tatting@newham.gov.uk

Indoor Cricket

Wed, 6-8pm, 8-10pm
Lester Community School, St Mary's Road, E13
Call 020 3373 9000 or email: paul.tatting@newham.gov.uk

East End Road Runners

Tues and Thurs, 7pm
Sun, 8am meet on the track, coached sessions for



all abilities

Newham Leisure Centre,
Prince Regent Lane, E13
Call 07979 281 867

Run England sessions

All sessions are 12 indicated
otherwise

Sun, 10am-12noon, Newham
Leisure Centre, E13 (meet on
the track)

Mon, 4-5.30pm, Newham Leisure
Centre, E13 (meet on the track)
5-45 6.45pm, Newham

Docklands, E16 (meet at reception)
Tues, 6-7pm, Newham Leisure
Centre, E13 (meet on the track)

Wed, 12noon-1pm, Newham
Docklands, E16 (meet at reception)

Thurs, free, 5.15-6.15pm, UEL
Docklands Campus, E16
(meet at reception)

Sat, 10-11.30am, East Ham
Central Park, E8 (meet at the café)
10-11.30am, Wanstead Flats

E12 (meet at Harrow Road
Changing Pavilion)
10-11.30am, Memorial Park,

E15, E16 (meet at car park)
Call 0771 8 394 874

Cricket

Wed, 6-8pm, U16s, Lister
Community School, St Mary's
Road, E13 Call 020 3373 9054

Newham Swords (4+)

Tues, 6-8pm
Thurs, 6-8pm & 8-10pm
Fri, 7-10-10.20pm
UEL Sports Deck, Docklands
Campus, E16
Call 07958 618 888

Newham Striders

Free ad hoc walking group
seven days a week
Call 020 8430 2000

Men's Health Football

Fitness Sessions
Sat, 10-11am, West Ham United
Community Training Facility,
60s Albion Close, E6
Call 020 7473 7724

Family Fit Club

Sat, 11am-12noon, West Ham
United Community Training
Facility, 60s Albion Close,
E6 Call 020 7473 7724

Zumba classes

Thurs, 7.30-8.30pm, St Nicholas
Church Hall, Gidding Road, E12
£5 per class, Call 07720 805 526

Saturdays

Sat, 12noon-3pm, For fathers
grandads, uncles and children
aged 0-16

Chandos East Hub,
50 Chandos Road, E15
Call 020 8221 2137

Newham Young Brits

A.S.O

Sat, 6-15.7pm
Learn to swim and improve
your strokes

Children's session, £20 5-16
Newham Leisure Centre,
Prince Regent Lane, E13
Call 07958 504 518

Yoga Classes

Tue, 6-10-7.10pm and
Fri, 10.30-11.30am,
£2.50 for full-time workers or
£3.00 for students and those
in receipt of benefits

The Hub, 123 Star Lane, E16
Wed, 8.30-7.30pm
The Unhush Church,
West Ham Lane, E15
Call 07958 806 007 or visit
www.yoga.co.uk

Woodside

Badminton Club

Fri, 8-9.30pm, Intermediate and
club standard players welcome
£5 wagers £2 unwaged,
Carpenters Docklands Centre
96 Gibbons Road, E15 Call
07958 781 676 / 07958 150 340

Table Tennis

Thurs, 6.30-7pm
For beginners and intermediate
adult players

Stratford School, Upton Lane,
E15 (Doris Road entrance)
For more info call
07978 577 716 or
07958 888 031 or email
gennyham108@btinternet.com

Qi Gong

Thurs, 8pm
Suitable for adults of all
abilities, £5 per session on the
Docklands Community Boat
moored near E1 Canal. Meet at

the gates to Millennium Mill
Mill Road, E16
Call 07930 610 275 or email
kev@highheavenstheheaven.com

UnityZumba

Mon and Wed, 8-9pm,
Hartley Centre, 267 Barking
Road, E8

Tues, 7.45-8.45pm and Thurs,
8.15-9.15pm, St Mark's
Community Centre, 218
Tollgate Road, E8

Sun, 8.30-7.30pm,
Classes are £5 each adult,
children £3 (7+)

The Wolf Centre, 49 Vauxage
Lane, E8 Call 07588 884 673

Beginners' Badminton

Mon, 10am-12noon, St Paul's
Church Centre, Burger Road,
E8 £2.50 per session Call
07761 208 453

Twisted Pink

Fri, 6-7pm
Street Dance sessions open to
7-21s, E3
Fri, 7.15-8.15pm Zumba classes
(from 30 Nov) £5 including
chocolate, St Luke's Church, 89
Nighting Road, E16
Call 07934 513 307, visit
www.twistedpink.org.uk or email
twistedpink2008@aol.com

Zumba with Annelise (17+)

Mon, 7-8pm, £1.5 session
Vauxage Lane Community
Centre, Gower Close, E15
Wed, 7.30-8.30pm, Beckton
Community Centre, East Ham
Minor Way, E8 Call 07600 880 665

Badminton at

Little World School

Thurs, 7-8pm For all standards.
£4 for a court and banga
racquet
Browning Road, E12, Email
megan_phill@hotmail.com
or call 07944 117 263

Gemini Square Dance Club

Mon, 8-10.30pm, Chandos
Community Centre, Colgate
Road, E15
£4 per session including tea
and biscuits
Call 020 8229 1802 or email
mro229@hotmail.com



FEMALE SPORTS

Pilates Classes (12+)

Tues, 8-9pm
Zumba, E8, and 9-9.30pm
Body Conditioning, E3, The
Hub, 123 Star Lane, E16 Email
bodywoodzumba@gmail.com or
call 07850 455 833

Dance2Dance

Fri, 3.30-6.30pm
Street dance classes for girls,
12-16s, Newham Leisure
Centre, Prince Regent Lane,
E13 Call 020 3373 9000

Girls Spinning Sessions

Mon and Wed, 4-4.30pm
11-16s, Newham Leisure
Centre, Prince Regent Lane,
E13 Call 020 7511 4477

Female Only Gym Sessions

Tues and Thurs, 3.30-5pm
11-16s, Wed, 1.30-3pm,
18-25s, Newham Leisure Centre,
Prince Regent Lane, E13
Call 020 3373 9000

Female BoxFit Classes (16+)

Mon, 4.15-5.15pm, Babsam
Leisure Centre, Babsam Street
E13 Call 07970 789 526

Girls Football

Tues, 3.30-5.30pm, 11-16s,
Newham Leisure Centre,
Prince Regent Lane, E13

Women United AFC (11+)

Mon (from June only) 5-7.15pm
Kingfold School, E6 £1 per
session Call 07792 932 979

Get Back into Netball

Tues, 6-7.30pm, juniors, 7.30-
8pm, seniors, OFA Netball
Club sessions, £2 per session
Lister Community School,
St Mary's Road, E13
Call 07717 281 529

Body Blast (16+)

Mon 7-9pm Woods 12/30
7/30pm and Thurs 6-7pm
£5 per session Talent Central
Unit 2/7a 3 Armade Way
Gallons Reach Shopping
Park E6 Call 07888 812 810

Abx Blast

Thurs, 5.30-6.15pm, 11-16s.
Sessions cost £3 Newham
Leisure Centre, Prince Regent
Lane, E13

Just Play (16+)

Wed 6.30-8pm
Multi sport session
Newham South Port College
Prince Regent Lane E13 Call
020 3373 9000

Female Multi-Sports

Fri 4.15-5.15pm Carole, Tennis,
Handball, Rounders, Football and
more Little Word Youth Zone,
Rackley Road, E12 Call
020 8558 5873 or email
Farrah.Rhodes@nls.org

Sheila's Yummy Mummy buggy (16+)

Mon 10-11.30am
£5 per session
East Ham Central Park E6
(meet outside cafe in the park)
Fri 10-11.30am Poshel Park
Poshel Grove E6
Call 07908 614 958 or email
gpoison@aol.com

Janice's Fitness (16+)

Tues, 9.30-10.30pm
Soca and Zumba fitness
sessions £5 per session
St George and St Ethelbert
Church Hall, Barford Road, E6
Email info@janice.co.uk or
call 07815 000 643

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Multi-Sports

Wed and Fri evenings, 6-8pm
Rings Wheels club for young
wheelchair users 6-22 Rackley
School, Barkley Road E16 Call
07888 085 259

Fri 4.30-6.30pm U7s, 10s,
Newham Leisure Centre E13
Tues, 10.30am-12noon, Disabled
Multi-Sports Newham Leisure
Centre, E13 Call 020 7511 4477
Fri 4.30-6pm NewM: Prince
Regent Lane E13
Call 07811 671 682

Wheelchair Basketball

Wed 4.30-5.15pm
Rackley School, Barkley Road,
E16 Call 07947 401 816

Family Swim for Disabled Children and Adults

Sat, 4.30-5.30pm Newham
Citizens Swimming Club, Newham
Leisure Centre E13 For more
details call 07501 788 739
Sun, 12.30-2pm, Family Swim,
Babem Leisure Centre, E13,
£5 Call 020 7476 3274

Recreational Sessions

Fri 5.30pm and Sat, 12noon
3pm U15s Newham Leisure
Centre E13 Call 020 7511 4477

Mixed Swimming Sessions for Adults and Children

Wed 10am-12noon, East Ham
Leisure Centre E6 £1.15 per
session. Call 020 8548 5850

Swim for Families dealing with Autism

Wed 4.30pm Babem Leisure
Centre E13 Call 020 7476 3274

Get fit for free

Tues, 1.30-3.30pm and Fri,
10am-12noon Free use of the
gym for one year for people with
learning disabilities at Newham
Leisure Centre To book an
induction call 020 7511 4477

BT Football Club

Third Sun of every month,
10am-12noon, East Ham
Leisure Centre E6

Soft play and exercise to music

Sat 2-3pm Newham Leisure
Centre, E13 Call 020 7511 4477

Disabled Athletics

Tues, 4.15-6.15pm 7.1-10s
Brompton Manor Roman
Road, E6

Thurs, 4.30-5.55pm,
St Angel's Usuline School,
1 Saint George's Road, E7
Email crumc@nls.org
englandathletics.org

Sensory Play

For children under five with
special needs speech and
language delay or physical
disabilities. During term time
only Fri 10-11.30am, Oliver
Thomas Children's Centre,
Matthew Avenue, E6
Email kathy.holdsworth@
oliverthomas.newham.sch.uk
or call 020 8821 0887

COMMITTEE MEETINGS

All meetings take place at
Newham Town Hall, Barkley
Road, E6, unless specified.

Thurs 2 May

10am, Licensing (2003
Act) Sub committee, Large
Committee Room, Old Town
Hall Stratford, E15

Tues 7 May

7pm, Health and Social
Care Scrutiny Commission,
Committee Room 1
7pm Regeneration and
Employment Scrutiny
Commission Committee
Room 2

Wed 5 May

7pm, Audit Board Committee
Room 1

Thurs 9 May

10am, Mayoral Proceedings,
Council Chamber Old Town
Hall Stratford E15

Visit www.newham.gov.uk/committee for updates.

CONTACT THE MAYOR

With-in surgeries

Sat 27 Apr,
8.45am Newham Town Hall
Barkley Road E6

Thurs 2 May

10.30am, Stratford Local
Service Centre, 712-718 The
Grove, E15

Telephone surgeries

Wed 3 May
Call 020 3373 6444 between
9.30am and 10.30am and
register your query and contact
details The Mayor will then ring
you back at a later time

LIBRARY CONTACTS

Beckton Globe

1 Kingsford Way, E6

Canning Town

Barking Road, E16

Custom House

Prince Regent Lane, E16

East Ham

High Street South, E6

Green Street

337-341 Green Street

The Gate

4-20 Woodgrange

Road, Forest Gate, E7

Mayor Park

985-991 Romford Road, E12

North Woolwich

5 Pier Parade, E16

Plaistow North Street

673 Stratford 3 The Grove, E15

Archives and Local Studies

(limited postal and email service
only) call 020 3373 6881
email archives@localstudies@newham.gov.uk

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www.newham.gov.uk/mynewham

The Anne Frank Trust UK, in association with the Anne Frank House, Amsterdam, and Newham Council proudly present their travelling exhibition

Anne Frank [+ you]

A cutting edge and dramatic multimedia exhibition aimed at young people

Venue Newham Town Hall, Barkings Road, East Ham, London E6 2RP

Date Tuesday 14th May to Thursday 6th June

Open Every day from 9am until 5pm

Groups For school bookings please email bookings@annefrank.org.uk or phone Rebecca Coll on 07784 568 709.



Newham

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www.annefrank.org.uk/news-exhibitions/visit-an-exhibition



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